

XVII Finnish-Austrian Orthopaedic Trauma Course

January 27 – February 1, 2013

Congress Center, Hotel Montana, Oberlech, Austria

Finnish Orthopaedic Association

Finnish Trauma Association

XVII Finnish-Austrian Orthopaedic Trauma Course Jan 27 – Feb 1, 2013
Congress Center, Hotel Montana, Oberlech, Austria

Program chairs:

Jan Lindahl, MD and Wolfgang Grechenig, MD

Faculty:

Bore Bakota, MD, General Hospital Karlovac, University of Rijeka, Croatia

Alexej Barg, MD, University Hospital of Basel, Basel, Switzerland

Karl P. Benedetto, Prim. Univ.-Prof. Dr., Academic Hospital Feldkirch, Feldkirch, Austria

Matej Cimerman, MD, Ass.Prof., University Medical Centre Ljubljana, Ljubljana, Slovenia

Wolfgang Grechenig, MD, Prof., Unfallkrankenhaus der AUVA, Graz, Austria

Kim Jansson, MD, Helsinki University Central Hospital, Helsinki, Finland

Jouni Heikkilä, MD, Hospital Mehiläinen, Turku, Finland

Mikko Heinänen, MD, Helsinki University Central Hospital, Helsinki, Finland

Eero Hirvensalo, MD, Helsinki University Central Hospital, Helsinki, Finland

Juha Kalske, MD, HUCH, Jorvi Hospital, Espoo, Finland

Veikko Kiljunen, MD, Helsinki University Central Hospital, Helsinki, Finland

Kati Kyrölä, MD, Central Finland Central Hospital, Jyväskylä, Finland

Jan Lindahl, MD, Helsinki University Central Hospital, Helsinki, Finland

Mikko Manninen, MD, Kymenlaakson keskussairaala, Kotka, Finland

Oliver Michelsson, MD, HUCH, Peijas Hospital, Vantaa, Finland

Teemu Paatela, MD, HUCH, Peijas Hospital, Vantaa, Finland

Harri Pakarinen, MD, Oulu University Hospital, Oulu, Finland

Markus Parkkinen, MD, Helsinki University Central Hospital, Helsinki, Finland

Savola Olli, MD, Oulu University Hospital, Oulu, Finland

Franz-Josef Seibert, MD, Prof., University Clinic of Traumatology, Graz, Austria

Mario Staresinic, MD, Surgery Clinic, University Hospital Merkur, Zagreb, Croatia

Erkki Tukiainen, MD, Prof., Helsinki University Central Hospital, Helsinki, Finland

Jarkko Vasenius, MD, Oma sairaala, Hand Surgery and Therapy, Helsinki, Finland

Kaisa Virtanen, MD, Helsinki University Central Hospital, Helsinki, Finland

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Organizing committee:

Jan Lindahl, MD, Chairman
Wolfgang Grechenig, MD, Prof.
Juha Kalske, MD
Mikko Manninen, MD
Vesa Hamunen

Sunday, January 27, 2013

12.00 Registration

18.00 OPENING SEREMONY

18.00 Welcome

Jan Lindahl, MD
Chairman

18.10 Welcome and introduction to Oberlech

Patrick Ortlieb
Olympic gold medalist and World champion in Downhill skiing

18.20 Program details

Juha Kalske, MD

19.00 Dinner

Monday, January 28, 2013

08.00 SESSION I – Shoulder and upper extremity

Chairmen: Wolfgang Grechenig, MD and Jarkko Vasenius, MD

08.00 Surgical treatment of chronic AC-joint dislocation

Kaisa Virtanen, MD, Ville Remes, MD, Jarkko Pajarinen, MD, Vesa Savolainen, MD, Jan-Magnus Björkenheim, MD, Mika Paavola, MD

Helsinki University Central Hospital, Helsinki, Finland

08.20 Humerus shaft fracture treatment

Wolfgang Grechenig, MD, Prof.

Unfallkrankenhaus der AUVA, Graz, Austria

08.40 Preliminary results with the Arthrex distal biceps tendon kit – Report of 18 repairs

Franz-Josef Seibert, MD, Prof.

University Clinic of Traumatology, Graz, Austria

09.00 Elbow – Anatomy and surgical exposures

Wolfgang Grechenig, MD, Prof.

Unfallkrankenhaus der AUVA, Graz, Austria

09.20 Collagenase Clostridium Histolyticum (CCH) in the treatment of Dupuytren's contracture

Jarkko Vasenius, MD

Oma sairaala, Hand Surgery and Therapy, Helsinki, Finland

09.40 Coffee and technical exhibition

10.00 SESSION II – Knee

Chairmen: Jan Lindahl, MD and Wolfgang Grechenig, MD

10.00 Tibia lateral condyle fractures – do we need arthroscopy?

Markus Parkkinen, MD, Rami Madanat, MD, Tatu Mäkinen, MD, Antti Mustonen, MD, Seppo Koskinen, MD, Jan Lindahl, MD

Helsinki University Central Hospital, Helsinki, Finland

10.20 Preoperative planning of proximal tibia fractures

Matej Cimerman, MD, Ass.Prof.

University Medical Centre Ljubljana, Ljubljana, Slovenia

10.45 Tibia medial condyle fractures

Markus Parkkinen, MD, Tatu Mäkinen, MD, Rami Madanat, MD, Antti Mustonen, MD, Seppo Koskinen, MD, Jan Lindahl, MD

Helsinki University Central Hospital, Helsinki, Finland

11.05 MIPO – how to check the reduction?

Wolfgang Grechenig, MD, Prof.

Unfallkrankenhaus der AUVA, Graz, Austria

11.30 Discussion*Faculty***12.00 Lunch and technical exhibition****16.00 Discussion in groups (case presentations) I:****Group I: Humerus fractures****Group II: Tibial plateau fractures****Group III: MIPO**

19.00 Dinner

Tuesday, January 29, 2013**08.00 SESSION III – Ankle Fractures****Chairmen: Franz-Josef Seibert, MD and Veikko Kiljunen, MD****08.00 Surgical anatomy and biomechanics of the ankle***Veikko Kiljunen, MD, Wolfgang Grechenig, MD, Prof.*

Helsinki University Central Hospital, Helsinki, Finland

Unfallkrankenhaus der AUVA, Graz, Austria

08.20 Patient injuries in the treatment of ankle fractures in Finland*Eero Hirvensalo, MD*

Helsinki University Central Hospital, Helsinki, Finland

08.35 Treatment of ankle fracture requires only stability to restore alignment or alignment to restore stability - Do we actually know what to do?*Harri Pakarinen, MD*

Oulu University Hospital, Oulu, Finland

09.10 CT-control after syndesmotic screws - what do we see - why it is important ?*Franz-Josef Seibert, MD, Prof.*

University Clinic of Traumatology, Graz, Austria

09.30 Many methods to treat syndesmosis injury - Is any of them above the others?*Olli Savola, MD*

Oulu University Hospital, Oulu, Finland

09.55 Coffee and technical exhibition**10.15 SESSION IV – Foot****Chairmen: Oliver Michelsson, MD and Mikko Heinänen, MD****10.15 Rheumatoid forefoot***Oliver Michelsson, MD*

HUCH, Peijas Hospital, Vantaa, Finland

10.35 Outcome after total ankle replacement*Alexej Barg, MD*

University Hospital of Basel, Basel, Switzerland

11.00 My technique for tibiotalar arthrodesis with loss of bone*Oliver Michelsson, MD*

HUCH, Peijas Hospital, Vantaa, Finland

11.20 Posttraumatic medial ankle instability*Alexej Barg, MD*

University Hospital of Basel, Basel, Switzerland

11.45 Discussion*Faculty***12.00 Lunch and technical exhibition****16.00 Discussion in groups (Case presentations) II:****Group I: Ankle fractures****Group II: Foot injuries and posttraumatic problems**

19.00 Dinner

Wednesday, January 30, 2013**08.00 SESSION V – Complex injuries I****Chairmen: Erkki Tukiainen, MD and Bore Bakota, MD****08.00 Injured limb - Amputation or salvage?***Bore Bakota, MD*

General Hospital Karlovac, University of Rijeka, Croatia

08.25 Orthoplastic amputation of the lower leg*Erkki Tukiainen, MD, Prof.*

Helsinki University Central Hospital, Helsinki, Finland

08.45 Negative pressure wound therapy after acute lower extremity trauma*Bore Bakota, MD*

General Hospital Karlovac, University of Rijeka, Croatia

09.05 Thoracolumbar fractures - The effect of age, degeneration and osteoporosis on the fixation method*Kati Kyrölä, MD*

Central Finland Central Hospital, Jyväskylä, Finland

09.25 Coffee and technical exhibition

09.45 SESSION VI – Complex injuries II

Chairmen: Matej Cimerman, MD and Eero Hirvensalo, MD

09.45 Preoperative planning of pelvic and acetabular surgery

Matej Cimerman, MD, Ass.Prof.

University Medical Centre Ljubljana, Ljubljana, Slovenia

10.05 Sacral fractures

Jan Lindahl, MD

Helsinki University Central Hospital, Helsinki, Finland

10.25 Acetabular fractures

Veikko Kiljunen, MD, Eero Hirvensalo, MD, Jan Lindahl, MD

Helsinki University Central Hospital, Helsinki, Finland

10.50 Knee dislocation

Jan Lindahl, MD

Helsinki University Central Hospital, Helsinki, Finland

11.15 Distal clavicular osteolysis - operative treatment and comparison of two subgroups

Jouni Heikkilä, MD

Hospital Mehiläinen, Turku, Finland

11.30 Group picture

11.40 “Round table” discussion

Faculty

12.00 Lunch and technical exhibition

16.00 Discussion in groups (Case presentations) III:

Group I: Pelvis

Group II: Lower extremity trauma

Group III: Complications

19.00 Dinner

Thursday, January 31, 2013

08.00 SESSION VII – Hip and Knee

Chairmen: Mikko Heinänen, MD and Mario Staresinic, MD

08.00 Groin pain in athletes – modern perspective

Mario Staresinic, MD

Surgery Clinic, University Hospital Merkur, Zagreb, Croatia

08.20 Hamstring injuries

Mikko Heinänen, MD

Helsinki University Central Hospital, Helsinki, Finland

08.40 FAI update

Juha Kalske, MD

HUCH, Jorvi Hospital, Espoo, Finland

09.00 Total hip arthroplasty - choice of implant

Mikko Manninen, MD

Kymenlaakson keskussairaala, Kotka, Finland

09.20 Treatment options in tibia plateau fractures

Karl P. Benedetto, MD, Prof.

Academic Hospital Feldkirch, Feldkirch, Austria

09.40 Coffee and technical exhibition

10.00 SESSION VIII – Sports injuries

Chairmen: Karl P. Benedetto, MD and Juha Kalske, MD

10.00 Jones fracture – surgical treatment

Mario Staresinic, MD

Surgery Clinic, University Hospital Merkur, Zagreb, Croatia

10.15 Prevention of skiing injuries in World Cup

Eero Hyvärinen, MD

Dextra Hospital, Helsinki, Finland

10.35 Why ACL reconstruction fails?

Kim Jansson, MD

HUCH, Jorvi Hospital, Espoo, Finland

10.55 ACL revision reconstruction and combined osteotomy

Karl P. Benedetto, MD, Prof.

Academic Hospital Feldkirch, Feldkirch, Austria

11.15 Managing traumatic joint lesions – indications and options for cartilage repair

Teemu Paatela, MD

HUCH, Jorvi Hospital, Espoo, Finland

11.35 Cases

Faculty

12.00 Lunch and technical exhibition

16.00 Discussion in groups (Case presentations) IV:

Group I: Hip joint

Group II: Sports injuries

Group III: ACL

19.00 Dinner

Friday, February 1, 2013

08.00 SESSION IX – Free papers – Upper extremity

Chairmen: Mikko Manninen, MD and Jan Lindahl, MD

09.30 Coffee and technical exhibition

09.50 SESSION X – Free papers – Lower extremity

Chairmen: Eero Hirvensalo, MD and Juha Kalske, MD

12.00 END OF COURSE

Finnish-Austrian Orthopaedic Trauma Meetings: Schruns 1981, Bad Hofgastein 1983, Oberlech 1985, Ischgl 1987, Oberlech 1989, Obergurgl 1991, Obergurgl 1993, Oberlech 1995, Ischgl 1997, Ischgl 1999, Oberlech 2001, Oberlech 2003, Obertauern 2005, Serfaus 2007, Oberlech 2009, Zauchensee 2011.